



Promoting the game of netball



In March 2022 Central Coast Heart hosted a pre-season exhibition match at Niagara Park Stadium.



Central Coast Heart coaches and athletes conducted multiple player, umpiring and coaching clinics across the greater Central Coast/Hunter region.



Central Coast Heart's Premier League matches were livestreamed on Cluch TV.

Providing pathways to elite netball



Central Coast Heart fielded three teams in the 2022 Premier League and Metro League competitions.



Both of Central Coast Heart's Premier League teams finished second in their conference at the end of the regular season. The Under 23s made the finals series and the Opens were runners up (playing their grand final match at Ken Rosewall Arena).



Central Coast Heart's Metro League team narrowly missed a finals berth and comfortably retained their place in Tier 1 of the competition.

Providing pathways to elite netball



Central Coast Heart players competed at the elite level including Lauren Moore in Suncorp Super Netball (as a member of GIANTS Netball); Dakota Thomas and Zoe Peden as part of the Swifts Academy; Hope White won a gold medal as part of the NSW 17U team; Charlee Belcher and Maraëa Paea were part of the NSW 17U train-on squad and, along with Aela Streatfield were part of the Regional Emerging Talent Team.



Central Coast Heart coaches were also recognised at the elite level with Amber Cross coaching the NSW 17U team to a gold medal at the National Netball Championships (and was recently announced as the 2023 coach); Under 23s Coach, Kirstie Fuller, was named Head Coach of the Northern Inland team and Under 23s Assistant Coach, Jade Nicoll, was named Assistant Coach of the Hunter team in the Regional State Cup; and Metro League Coach, Gima Crowdy, achieved her elite accreditation and was appointed head coach of the Papua New Guinea national team.

Building a sustainable organisation



During 2022 Central Coast Heart was excited to partner with Central Coast Mariners and explore opportunities to grow both codes.



Central Coast Leagues Club, the Central Coast community branches of Bendigo Bank and Emma McBride Federal Member for Dobell continued their support of Central Coast Heart.